Alliance for Better Care

# RASS case study – Maternity

# Case study – maternity

**Situation - female patient in mid 30s who was moved into a Sussex hotel from a hotel in a different county**

- **Registered with local GP practice**
- **Concern raised to ABC 9 days later by a charity partner,** who raised that patient is pregnant and experiencing suicidal thoughts
- **Seen by ABC RASS paramedic same day** face-to-face at hotel.
- **Patient disclosed that she had been sexually assaulted in her home country and trafficked to the UK**. She had fallen pregnant and was now in second trimester. Recent blood virus screen was negative.
- **Feeling isolated and suicidal** – risk assessed and no active plan. Strongly declined any police or safeguarding involvement at this stage.
- **Also experiencing heartburn since moving into hotel due to spicy food**

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## Outcome

- **Agreed to mental health referral** – assessed and given OTC medication.
- **Paramedic rang patient's registered practice rung to make them aware of situation** – long discussion with GP and urgent referral put through to mental health service. Referral also put through by ABC RASS GP to Perinatal Mental Health Service via SPFT portal.
- **Welfare check done by ABC RASS paramedic** the following day
- **Request sent to local charity** for new clothes and shoes
- **Maternity care had been taking place in a different county** – referred to midwifery team at SASH.
- **Given ABC number to call** anytime 8am-8pm if needed

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